

## DO YOU FIND THAT NO MATTER HOW HARD YOU TRY TO PARENT YOUR CHILDREN, NOTHING SEEMS TO WORK?

Maureen Burnham, The Parent Coach, is here to help. She will guide you and your children through the necessary steps to changing behavior and establishing simple rules to create a happier home.

Through the years she has experienced frustrated parents who love their children but need guidance with parenting skills. Maureen seeks to provide parents and nannies assistance in dealing with various childhood problems, including bedtime, toilet training, picky eating, and discipline concerns.

## THE PLAN

### Step 1

Maureen will meet with you and your child for a one-hour consultation and will develop a plan.

### Step 2

A plan is written that will include steps and rules to be used in achieving the desired behavior. The plan also includes practical consequences for the child if the desired behavior is not met.

### Step 3

Goals are set up that you hope to reach within a specified amount of time.

### Dear Coach Maureen,

*Thank you for being there for me when I was at the end of my rope! We all have our challenges as parents, and your fresh perspective was just what I needed. Talking with you about my son was extremely helpful and your guidance with my daughter's "growing pains" has definitely been insightful. I value your opinion and respect your wisdom. Having traveled the road before me, along with your education and experience with children, you were able to help me along the way with parenting. Once again, I cannot thank you enough.*

*Sincerely,  
K. Landrum, San Jose  
(A grateful mom)*

## TESTIMONIALS

### Dear Maureen,

*Your decision to become a parent coach will be an asset to anyone who desires an outside source to obtain parenting skills. In the past 9 years, I have observed how you have counseled with parents in the pre-school when they needed assistance with problems. I have also observed your empathetic communication style which enables parents to deal with reality, and not "buy into" a pseudo situation. Your suggestions to parents have been based on good common sense, which appears to be uncommon in today's world. The children have been the real beneficiaries when the parents listened to your sound suggestions, and selected an alternative solution to whatever they were facing. I know you will be intrinsically rewarded in this career path.*

**Marie Mosier, Preschool Director**

### Thank you, Coach Maureen,

*I valued your opinions and advice on parenting issues so much that I consider you my "mommy mentor". I do not have family close by and needed some good parenting advice. I appreciated the direct instruction for the discipline issues for our son. Even though our son had issues your gentle way never made me feel that his behavior defined who he was. You have a way of pointing out the behavior that needs to be corrected, while still believing that each child is special. I never felt that the behavior was something that couldn't be changed. You made me a more confident mom.*

Thank you

**G. Nightengale**





MAUREEN BURNHAM

## ABOUT THE COACH

Maureen has been married for 21 years. She has a son who is a senior in college, and a daughter who is a senior in high school. She managed an in-home daycare business for over nine years. She returned to college to study early childhood education, and has been a pre-school teacher for the past ten years.

As a volunteer in the community, Maureen has coached, tutored and mentored children of all ages.

Maureen has a patient and caring heart for children and their families. She desires to see them come together, to create an environment in their home where everyone is working together as a team, who loves, cares, and respects one another.

**Don't give up!  
Call Coach Maureen!**



*Treating others with  
kindness and respect  
starts at home...*



**FOR PARENTS  
AND THEIR CHILDREN,  
AGES 2 TO 12 YEARS**

Home and telephone appointments available.  
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